



# International Diploma in Mental Health, Human Rights & Law

**2022–2023**

*This year, due to Covid-19 we have decided to cancel all residential sessions.  
The course will be conducted ONLINE.*

14<sup>th</sup> year of the International Diploma in  
Mental Health, Human Rights & Law

ILS would like to thank Ms. Natalie Drew (Technical Officer) and Dr. Michelle Funk (Unit Head), Policy, Law and Human Rights Unit, Department of Mental Health and Substance Use, World Health Organization, Geneva, for their substantial technical contribution towards the development of the course curriculum and teaching materials and for their ongoing organizational support.

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# PART I

Launched in October, the *International Diploma in Mental Health, Human Rights & Law*, is a result of a collaboration between World Health Organization, Geneva and the Indian Law Society (ILS) Pune, India.

With the the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD) coming into force in 2008, there was an urgent need to raise awareness on the Convention and provide guidance on its implications in relation to future national mental health policy, legislation, services and practice. The International Diploma is a response to this perceived need for training in this area.

The Indian Law Society is pleased to announce admissions for the 14<sup>th</sup> batch of the International Diploma in Mental Health, Human Rights & Law for the academic year 2022-2023.

## ABOUT ILS

The Indian Law Society is a society registered under the Societies Registration Act, 1860, and the Bombay Public Trusts Act, 1950. The Society was established in 1923 by renowned personalities in law. The objective of the Society is to impart professionally desired and socially relevant legal education on a scientific basis.

The Indian Law Society considers legal education as liberal education and emphasizes the professional aspects of legal education. The Society is committed to impart education which will serve the eternal principles of justice, liberty and equality. The mission of the Society is to prepare socially responsible lawyers who will uphold the values of rule of law and democratic principles. To fulfill the commitment to the mission and aim of the Society, Law College, Poona, now known as the 'ILS Law College, Pune', was established in 1924. The Society also established the Institute of Advanced Legal Studies (IALS), a Research Institute to support the Society in fulfilling its mission. The IALS promotes research in law and legal awareness among lay people to strengthen a legal culture supportive of the rule of law.

## ILS LAW COLLEGE

The ILS Law College, affiliated to the University of Pune, is recognized as one of the premier institutions of quality legal education since its inception in 1924. Its prime objective is to impart socially relevant legal education to promote the principles of justice, liberty, and equality. The College offers a Three-Year LL.B. Programme and a Five Year B.S.L. LL.B. Programme to



enable students to get registration to practice law. The College has always ranked among the top ten law schools in India in various surveys conducted by popular media. It is ranked A+ Grade by the National Assessment and Accreditation Council (NAAC), an autonomous body of the University Grants Commission, which is an integral part of HRD Ministry of Govt. of India. It is the only law college in India to get A+ ranking.

The College has to its credit an impressive galaxy of alumni who have contributed to legal thought as well as the governance of the nation. The College is proud to have given three Chief Justices of the Supreme Court of India, three Chief Ministers of the State of Maharashtra, a Deputy Prime Minister of India, Judges of High Courts and the subordinate judiciary, industrialists, artists, administrators and top-ranking lawyers practicing law all over the country including the Supreme Court of India.

The College is known for its innovative teaching methods. As early as 1949, the College established its Moot Court Society which aimed to impart practical legal education to students. Mock parliamentary sessions were held to give law students training in political leadership and parliamentary procedure. The College was supported by the Ford Foundation with a generous grant to undertake curriculum reform and to experiment with pedagogy, establish a Women and Law

Centre, and upgrade its library. Using the Ford Foundation Grant, ILS Law College started a programme known as 'Towards Conscious Legal Education' (TCLE). Under this programme, the faculty of the College evolved 13 diploma courses to support the curriculum of law, as prescribed by the Bar Council of India and the University of Pune. These include Diploma courses in Human Rights and Law, Medical Jurisprudence and Forensic Science, Corporate Law, Cyber Laws, Investment and Securities, Feminist Jurisprudence, Practice and Procedure in Parliament, Comparative Constitutions, Child and Law, Banking Laws and Public Speaking and Communication.

Considering the role of law and lawyers as instruments of social reform, the College puts emphasis on providing students with a first-hand experience of social realities. In 1976, it established its Legal Aid Centre to impart practical training skills to the students and creating awareness about social issues. The activity of the Legal Aid Centre includes advice to disadvantaged clients, legal literacy and research on various socio-legal issues.

The College believes that teaching means creating an atmosphere for learning and as such, it offers a relaxed and flexible environment for students to grow and develop at their own pace.

The student body of the College comes from different parts of India representing the diverse cultures, languages, religions, and different socio-economic strata in the country, from neighbouring countries such as Sri Lanka, Bhutan, Nepal, Bangladesh, and countries further afield such as Australia, Korea and the United Kingdom. The efforts of the College are to prepare well-informed lawyers who will be able to face challenges of globalization as well as challenges facing the Indian society in a changing world.

## CAMPUS

The Indian Law Society Campus is spread over 195 acres of land, situated very close to the city centre. The College buildings are situated at the foot of a hill which is known as the Law College Hill, a precious verdant green space in the city centre. The hill is endowed with flora and fauna and helps to maintain a congenial environment for study and reflection. The College is situated near other reputed

academic institutions like the Bhandarkar Oriental Research Institute (BORI), Film and Television Institute of India, Film Archives of India, the S.N.D.T. University of women. It is 8 kms from the railway station and 16 kms from the airport. The College is situated on Law College Road and is very close to the commercial zone of Pune i.e. Deccan Gymkhana and Karve Road. The campus of the College consists of various administrative buildings, a library and sports facilities like swimming pool, gymnasium, tennis courts, a cricket ground and a football ground.

## THE LAW LIBRARY

The Law Library of ILS Law College is considered as one of the best law libraries of Asia. It has an impressive collection of books and journals dating back to 1865. It subscribes to 102 Indian and foreign journals including the American Journal of International Law, Cambridge Law Journal, Oxford Journal of Legal studies, All India Reporter, Indian Bar review, Indian Journal of International Law. Along with an extensive collection of textbooks and reference books on all subjects, the library collection includes volumes of American Jurisprudence and Halsbury's Laws and statutes of England.

Photocopying facility is also available, and a computer lab has been installed with high speed connectivity. Students have access to CD based and online legal database services like Lexus-Nexus, Criminal Law Journal, AIR Supreme Court and High Court and SS Manupatra online services.

## ABOUT PUNE

Pune is a multicultural city with students from all over the country and abroad.

## ACCESSIBILITY

Pune is in the western Indian state of Maharashtra and is the 8th largest urban agglomeration in India with a population of 6 million. Just 100 miles (160 kms) from Mumbai, it rests majestically at an altitude of 560 meters above sea level and

therefore enjoys a salubrious climate throughout the year. Pune is well-connected by road, rail, and air to most major cities in India such as Mumbai, Hyderabad, Bangalore, Delhi, Kolkata, Ahmedabad, Indore and Chennai. Pune Airport previously had only domestic flights but has become an international hub with flights connecting to Singapore, Frankfurt and Dubai.

## RECOGNITION

Pune has an enviable reputation for its colleges and educational institutions and is often called the Oxford of the East. Pune has a large student population and about 30% of international students in India are in Pune. It is also the cultural capital of Maharashtra. Pune is a nature lover's paradise since it is surrounded by hills and lakes.

Once referred to as a 'pensioner's paradise', it is now home to many Software and Information Technology companies. The local language is Marathi, but the cosmopolitan nature of the city means that people generally speak many languages, including English and Hindi.

## ENVIRONMENT

Pune experiences three distinct seasons: summer, monsoon and winter. As October is the end of monsoon and the start for winter in India, so the city experiences mixture of hot and cold weather. In general, in mid-October, maximum temperatures are likely to be 32- 35 degree Celsius, while minimum temperatures are in the range of 18-22 degree Celsius. Nights in Pune are significantly cooler compared to most other parts in this region owing to its high altitude.

## AFFORDABLE LIVING

Pune has the charm of a small city along with facilities expected in a bustling metropolis. Perfect for students, as almost everything is available at an affordable price – from eating places to internet cafes. The city has a range of options for



public transport and general cost of transportation is relatively low.

## TRAVEL AND ACCOMMODATION

There are limited international flights to Pune, mainly from Singapore, Dubai and Frankfurt. We recommend you to fly to Mumbai (which is approximately 160 kms from Pune)- or Delhi, both well connected with international flights from numerous destinations. There are domestic flights from Mumbai to Pune (30 min flight) and from Delhi to Pune (2 hrs. flight). Alternatively, land transportation from Mumbai airport to Pune is reasonably frequent and of good quality and can help to reduce your travel and transportation costs.

ILS usually negotiates preferential rates with a few hotels and service apartment providers near the College. The Course coordinators can provide you with this information once your admission for the course is confirmed.

**Please note:** This year, due to Covid-19 we have decided to cancel all residential sessions. The course will be conducted ONLINE.

## PART II

### ADMISSION PROCEDURE

Admission forms are available on the following link on our website: <https://cmhlp.org/course/the-international-diploma-in-mental-health-human-rights-law/>

The admission form can be completed online, or a printed copy may be completed and sent by post to the Indian Law Society. If you are sending the hard copy of the form, then it must be accompanied by relevant documents including:

1. A written statement of purpose not more than 250 words
2. Letter from sponsoring organization (if applicable)

### TIME TABLE FOR ADMISSION

DATE	PARTICULARS
25 <sup>th</sup> May 2022	Prospectus & application forms available on website
31 <sup>st</sup> August 2022	Last date for receiving applications
15 <sup>th</sup> September 2022	Final confirmation of admission
30 <sup>th</sup> September 2022	Last date for payment of fee
1 <sup>st</sup> October to 30 <sup>th</sup> October 2022	Module 1 and 2 to be completed
14 <sup>th</sup> November to 30 <sup>th</sup> March 2023	Weekly online/live sessions—each session will be 2.5 to 3 hours long; the session will be conducted on every Friday or Saturday

## FEE

Tuition fee for all students is **USD 4360** (Inclusive of all applicable taxes). A limited number of students, of Indian origin and residing in India, will be offered a substantially reduced tuition fees of **INR 60,000** (Inclusive of all applicable taxes).

We strongly encourage participants from low- and middle-income countries to apply for this course. Please let us know in your Statement of Purpose if you'd want us to consider a fee reduction for your application.

**Note:** Tuition fee includes live sessions, course materials & project supervision

The fee must be paid within fifteen days on confirmation of admission. A refund of the fee may be processed if cancellation of admission is done within 30 days after confirmation of admission. However, 10% of the fee will be deducted as administrative expenses. The refund will be calculated in Indian Rupees and then converted into USD at the prevailing market rate.

## PART III

### OBJECTIVES OF THE DIPLOMA

The objectives of the Diploma are:

- To equip students with the knowledge and understanding of the UN Convention on The Rights of Persons with Disabilities (CRPD) and other international human rights conventions, instruments and standards as they relate to persons with mental disabilities.
- To apply these international human rights instruments to mental health legislation.
- To understand the role of legislation in promoting and protecting the rights of persons with mental disabilities.
- To understand how mental health policy and services can work to improve the human rights of people with mental disabilities.
- To equip the students to have a broad contextual knowledge of the law and apply the same in the process of drafting, amending and implementing mental health legislation.

It is expected that the Diploma will equip students to undertake advocacy work in this area and provide them with the knowledge and skills to actively support countries to draft and amend mental health laws in line with the CRPD and other international standards.

Relevant case law and examples of existing legislation will be used as examples for teaching throughout the Course.

### COURSE DETAILS

The Diploma is a one-year course. The Diploma is awarded by the Indian Law Society (ILS), a registered public charitable trust. After confirmation of admission,

the students are expected to go through Module 1 and 2 which covers the basics of mental health and law. Once the online sessions begin, students will be given an access to the web-based learning platform which has study materials for each module. .

All sessions will be conducted ONLINE on ZOOM. The orientation session will take place on 14th November 2022. Thereafter, there will be an online session every week on Friday or Saturday. Each session will be 2.5 to 3 hours long & will take place between 5–8 PM IST. These weekly (online) sessions will continue till March 2023.

The second session (examination session) lasts for 4 to 5 days and is at the end of the course (**November 2023**), to complete project related viva/examinations. From February 2023 onwards, students are required to complete one module per month, online. This involves completing study exercises and other homework assignments related to the module and posted on the web-based learning platform. In addition, students are expected to complete a Project on a topic related to mental health, law, & human rights. Each student will be assigned an Advisor who will help them select a project area and provide ongoing support. One or two faculty members are allocated to each online module. They are responsible for marking the homework assignments of the module, providing guidance and answering students' queries on issues regarding the module.

# MODULES

Experts in the field of mental health and law have developed 12 modules.

- **Module 1:** Basic understanding of mental disorders and their treatment
- **Module 2:** Basic understanding of law and legal systems
- **Module 3:** The context of mental health and human rights
- **Module 4:** Policy, service and legislative framework for mental health
- **Module 5:** Access to mental health care
- **Module 6:** Admission and discharge from hospital & treatment of mental disability
- **Module 7:** Regulatory and review mechanisms
- **Module 8:** Criminal law and mental disability
- **Module 9:** Rights of people with mental disability in the community - additional substantive provisions for legislation
- **Module 10:** Drafting, adopting and implementing mental health legislation
- **Module 11:** Special topics - rights of children with mental health problems
- **Module 12:** Special topics - rights of people with mental disability during humanitarian emergencies

## MODULE 1: BASIC UNDERSTANDING OF MENTAL DISORDERS AND THEIR TREATMENT

### 1. Overall Learning Objective:

- To provide students with a basic understanding of the concepts of mental disorder and their treatments.
- The module will also describe the key features of different mental disorders.

### 2. Contents of the Module

- Historical perspective on mental disorders
- Current Understanding of the main types of mental disorders
- Broad knowledge of diagnosis and causes of mental disorders
- Current views of treatments for mental disorders and care of persons with mental disorders
- Disability burden of mental disorders
- Direct and indirect economic costs of mental disorders
- Social costs of mental disorders

## MODULE 2: BASIC UNDERSTANDING OF LAW AND LEGAL SYSTEMS

### 1. Overall Learning Objective:

- To provide students from a non-legal background with a basic understanding of legal concepts and working of legal systems.
- The legal systems covered include civil law, common law, customary law, and mixed law systems. The emphasis is on the international aspect of these legal systems and their effects on the formulation of progressive mental health legislation. The aim is to orient students with the core areas of law, the essentials of nature of law and legal reasoning and the critique thereof and

historical and social context of law in operation

## 2. Contents of the Module

- Basic understanding of key legal concepts and the nature of legal materials covering all central areas of substantive legal knowledge in the fields of common law, civil law, customary law and mixed law systems.
- Nature and Concept of Law
- Sources of Law
- Processes of Law Making: Development of Law through Judicial, legislative and administrative processes, and comparing criminal and civil law procedures.
- Rule of Law and its relevance to mental health and human rights
- Basic understanding of International Law

# MODULE 3: THE CONTEXT OF MENTAL HEALTH AND HUMAN RIGHTS

## 1. Overall Learning Objective:

- To develop an understanding of the international human rights framework as it relates to people with mental disabilities, including the implications of the UN Convention on the Rights of People with Disabilities, in creating legal obligations on governments to promote and protect the rights of people with mental disabilities.

## 2. Contents of the Module

- At the end of the module, it is expected that students will have developed an understanding of the following:
- Human rights violations of people with mental disability in relation to access to mental health care, in psychiatric institutions and in community context
- The UN and regional human rights systems (instruments and treaty monitoring bodies)



- Key rights of people with mental disorder and international human rights provisions to protect them
- Links between human rights and mental health

## **MODULE 4: POLICY, SERVICE AND LEGISLATIVE FRAMEWORK FOR MENTAL HEALTH**

### **1. Overall Learning Objective:**

- To develop an understanding of mental health policy, service organization and their relationship to mental health legislation

### **2. Contents of the Module**

- The role of mental health legislation in promoting human rights
- The role of mental health policies and plans in promoting human rights: The meaning of mental health policy, plans, and programs
- The nature of mental health, legislation, policies and plans and key principles for mental health service organization
- The vital role each of these can play in promoting the rights of people with mental disability
- The relationship between mental health legislation, policies and service organisations and the importance of undertaking activities to reform these in a coordinated manner for optimising promotion of human rights.

## **MODULE 5: ACCESS TO MENTAL HEALTH CARE**

### **1. Overall Learning Objective:**

- To develop an understanding of how mental health legislation can promote the right to health, the right to live independently and be included in the community and improve access to quality mental health care.

## 2. Contents of the Module

- › Financial resources for mental health care
- › Integration of mental health services into general health services
- › Promoting services in the community and de-institutionalization
- › Allocating resources to underserved populations
- › Access to medications and psychosocial interventions
- › Access to health (and other) insurance

# MODULE 6: ADMISSION AND DISCHARGE FROM HOSPITAL & TREATMENT OF MENTAL DISABILITY

## 1. Overall Learning Objective:

- › To understand issues around the right to exercise legal capacity, the right to liberty and security of person, the right to informed consent and what these mean in relation to: processes for admission and treatment of persons with mental disability into mental health facilities, and guardianship laws.

## 2. Contents of the Module

- › Capacity and competence
- › Promoting voluntary admission and treatment
- › Non-protesting patients
- › Informed consent, supported decision making and advance directives
- › Deprivation of Liberty and treatment without free and informed consent
- › Treatment in Emergency situations
- › Treatments requiring additional protection
- › Major medical and surgical procedures
- › Seclusion and restraint
- › Protection when participating in clinical and experimental research

## MODULE 7: REGULATORY AND REVIEW MECHANISMS

### 1. Overall Learning Objective:

- To understand the purpose, role, functions and responsibilities of regulatory and review mechanisms.

### 2. Contents of the Module

- Mechanisms to monitor and promote quality care and human rights in mental health facilities
- Complaints and remedies
- Offenses and Penalties
- Mechanisms to review cases of involuntary admission and treatment.

## MODULE 8: CRIMINAL LAW AND MENTAL DISABILITY

### 1. Overall Learning Objective:

- To understand the role of provisions in a country's criminal law in promoting the rights and welfare of persons with mental disability.

### 2. Contents of the Module

- Police Responsibilities
- Mental Fitness to stand trial
- Mental illness as a defence
- Sentencing and treatment including diversion schemes and alternative facilities
- Post sentencing (serving sentence in prison) stage

## **MODULE 9: RIGHTS OF PEOPLE WITH MENTAL DISABILITY IN THE COMMUNITY - ADDITIONAL SUBSTANTIVE PROVISIONS FOR LEGISLATION**

### **1. Overall Learning Objective:**

- To understand the role of civil and other legislation in promoting the rights of persons with mental disability.

### **2. Contents of the Module**

- Anti-discrimination legislation
- Legislation to protect civil and political rights
- Legislation to protect economic, social and cultural rights
- Employment legislation
- Social Welfare legislation
- Housing Legislation
- General health care
- Integrating mental health into disability legislation

## **MODULE 10: DRAFTING ADOPTING AND IMPLEMENTING MENTAL HEALTH LEGISLATION**

### **1. Overall Learning Objective:**

- The aim of this module is to develop an understanding of the key issues involved in drafting and enacting legislation and the steps to be taken to ensure effective implementation of legislation.

### **2. Contents of the Module**

- Identifying the country's principal mental health needs as well as existing and potential barriers to mental health care

- Mapping legislation relating to persons with mental disability
- Studying international conventions and standards
- Reviewing mental health legislation in other countries
- Building a consensus and negotiating for change with all stakeholders
- Educating the public
- Process of drafting and adopting mental health legislation
- Implementing mental health legislation
- Process of drafting and adopting mental health legislation
- Implementing mental health legislation

## MODULE II: SPECIAL TOPICS - RIGHTS OF CHILDREN WITH MENTAL HEALTH PROBLEMS

### 1. Overall Learning Objective:

- Knowledge on the multi-dimensional effects of social determinants on the mental health of children and policies and programs purported to decrease the risks of mental disorders and to enhance protective factors.
- To become acquainted with the UN Convention on the Human Rights of Children that provides support for relevant action on issues of advocacy, legislation formulation, and programs and service development, particularly on the primary prevention area.
- To raise the often-neglected field of mental health of children, e.g., in service development and professional training, in the scale of values and importance among the relevant stakeholders, with reference to primary prevention action.

### 2. Contents of the Module

- Analysis of selected mental health disorders and conditions on the child that includes a bio-psycho-social focus about their determinants and short and life-long impact.
- Primary prevention action to halt the cascade of adverse consequences of

child abuse, and of early exposure to poverty and reduced cognitive and social stimulation.

- The UN Convention on the Human Rights of Children comprehensively addresses human rights in relationship to mental health needs of the children and families thus providing the intersectoral platform for their safeguard through legislation, policy and programs, including training and mental health literacy.

## MODULE 12: Special Topics – Rights of People with Mental Disability during Humanitarian Emergencies:

### 1. Overall Learning Objective:

- To develop an understanding of specific needs of people with mental disability during humanitarian emergencies.
- To gain an overview knowledge of available international instruments (Laws, minimum response standards and Interagency guidelines) to protect and promote rights of people with mental disability during humanitarian emergencies.

### 2. Contents of the Module

- Psychological and Social Aspects of Emergencies.
- International Human Rights Law and International Humanitarian Law and their relevance to people with mental disability in of humanitarian emergencies.
- International standards to protect and promote the rights of people with mental disability during emergencies.

## TEACHING METHODS

This year, due to Covid-19, the entire course will be conducted **ONLINE**. The online teaching includes lectures, workshops, small group discussions, screening of documentaries and presentations by students and faculty.

## ELIGIBILITY

Minimum graduate qualification from any recognized university in any of the following subjects: Law, Medicine or Psychiatry, Nursing, Psychology, Social Work or other Social Science, Natural Science disciplines. The Course Organizers wish to encourage persons with mental disabilities and families/ caregivers to take part in this course, as they are critical to the reformation process and can be effective advocates for change. Hence the minimum qualification for persons with mental disabilities and families/ caregivers will be a graduate qualification in any discipline from a recognized university.

The selection of students is based on the experience and statement of purpose submitted by the student. Priority is given to students who are likely to be able to immediately influence the field of human rights of people with mental health issues and law/policy in their own countries.

## ASSESSMENT / EXAMINATION

For award of the Diploma: At the end of the Diploma course, the students will be assessed on the following headings:

- > Online Assignments
- > Quizzes
- > Project
- > Viva Voce Exams

## FACULTY

The Diploma has an international renowned teaching faculty drawn from various organizations around the world.

**Abhijit Nadkarni** Is an addictions psychiatrist conducting research aimed at developing and evaluating interventions for alcohol use disorders in low resource settings. Having completed his medical degree and a specialized degree in

psychiatry in Goa (India); he further pursued his post graduate training in General Adult and Addictions Psychiatry under the South London and Maudsley training scheme in UK, and later completed his Masters in Mental Health Services Research from the Institute of Psychiatry at King's College London and PhD from LSHTM.

His research interests encompass global mental health, and particularly alcohol use disorders. A lot of his work is based out of Sangath, a research NGO in Goa, India where he started and lead the Addictions Research Group.

Finally, he has also been actively involved in the capacity building of mental health researchers and lay health workers. He teaches on the Leadership in Mental Health course, which he coordinated in Sangath. He teaches on the same course hosted in Egypt by the World Health Organisation-Eastern Mediterranean Region Office; and for the Pacific Island Nations in Australia. Over the past few years, He has trained and supervised lay health workers in community-based mental health care in several parts of India, Chitwan and Kathmandu in Nepal, and in Kenya.

**Caroline Kim** has an M.Sc. and a B.Sc. from McGill University where she studied psychiatric genetics and has published in several journals including the American Journal of Psychiatry. She holds her LL.B. in common law and B.C.L. in civil laws from McGill University, where she continued to study mental health in the context of human rights and the law. She is a recipient of the Hans Hermann Oppenheimer Scholarship in International Law and was an editor of the McGill Law Journal. Her experience in public health and law includes work on legal matters for the Ministry of Health and Long-Term Care (Ontario). Caroline has diverse experience working in human rights and legal aid organizations both domestically and internationally. She was a litigation lawyer for the Barbra Schlifer Commemorative Clinic, a unique clinic which provides both psycho-social and legal services to women survivors of domestic violence, and an international volunteer at the Women and Law in Southern Africa (WLSA) Research and Educational Trust, in Malawi. She is currently employed at Miller Thomson LLP, a Canadian national law firm.

**Charlene Sunkel** is a leading South African voice for the rights of people with mental health problems. She works for the South African Federation for Mental Health as Program Manager for Advocacy and Development where she manages



the South African Mental Health Advocacy Movement. She authored several papers from a service user's perspective. She has written and produced theatre plays and a short feature film on mental disorders – to raise public awareness. Ms Sunkel had been involved in the review and drafting of various policies and legislation in South Africa and provided technical assistance to international mental health related reports and documents. She serves on several national and international boards and committees, including: Editorial Advisory Board of the Lancet Psychiatry; Presidential Working Group on Disability; Ministerial Advisory Committee on Mental Health; Disability Empowerment Concerns Trust; Mental Health and Human Rights FGIP; Rural Mental Health Campaign; and amongst others. Ms Sunkel is also the Principal Coordinator for the Movement for Global Mental Health. Ms Sunkel was diagnosed with schizophrenia in 1991 which led to her passion for mental health advocacy and human rights, where she received a few awards for her work. Ms Sunkel's research interests revolves around mental health care users' perspectives on mental health service delivery and interventions, stigma and discrimination, empowerment of mental health care users, the implementation of relevant policies and legislation, human rights and relevant topics that directly impacts on the mental health and wellbeing of mental health care users. Much of her interests focus on the upscaling of mental health care and services globally and the move towards deinstitutionalization. Titles of her publications include: Empowerment and Partnership in Mental Health (The Lancet Series on Global Mental Health), Mental Health Services – Where do we go from here? (The Lancet Psychiatry), Shortage of Psychiatric Medications in South Africa (The Lancet Psychiatry), Empowerment and Collaboration in Mental Health (Journal of Pioneering Medical Science), A service user's perspective on Excess Mortality in Persons with Severe Mental Disorders (World Psychiatry). Ms Sunkel is currently involved in The Lancet Commission on Global Mental Health, both as an advisory group member and commissioner.

**Dovilė Juodkaitė** is a lawyer. She graduated from the Law Faculty of Vilnius University in 1998, and further on continued her professional training as a scholar at the Columbia University School of Law (2001-2002), in the Public Interest Law Initiative program, focusing on mental health law and human rights of people with mental disabilities. Later D. Juodkaite participated in an Open Society institute Centre for Policy studies, International Policy fellowship program (2004-2005) and under the Public Health, Mental disability Advocacy Program (MDAP) completed

the research on the topic “Lithuanian Mental Health Policy: shifting from deinstitutionalization towards community integration”. In 2010-2011-year, D. Juodkaite have completed and received International Diploma in Mental Health Law and Human Rights, organized by Indian Law Society in collaboration with World Health Organisation. Since 2002, D. Juodkaite is actively working in Lithuanian NGO sector, focusing on human rights and disability. During this period as a lawyer and expert she was involved in various international and national projects related to such areas as: human rights and disability, discrimination on the grounds of disability, mental health care, policy and law, guardianship issues and overall social integration of people with mental health problems and intellectual disabilities. Throughout her work she was involved in promoting CRPD, OPCAT and other international documents enhancing rights of persons with disabilities in Lithuania. She actively participated in development and reforming of national legislation, related to social and health care systems for persons with disabilities, safeguarding their interests and right. Provided trainings, gave lectures and consultancy on the issues of rights of persons with disabilities. In 2006-2012 years D. Juodkaite took a position of the director of NGO "Global initiative on psychiatry", Vilnius office. Since June 2013 she became the president of Lithuanian Disability Forum – umbrella organisation for disability NGOs in Lithuania. April 2013-December 2016 she was public consultant to Prime Minister of Lithuania on disability issues. Since August 2016 she became Faculty member in International Master on Mental Health Policy and Service Organization, the Lisbon Institute of Global Mental Health.

In 2017, she was an Expert on the National WHO QualityRights Assessment Team at World Health Organization for human rights monitoring in social and medical closed type institutions (social care homes, psychiatric hospitals, etc.) in Lithuania.

**Fahmy Hanna** a qualified medical doctor and psychiatrist from Egypt, he received his post graduate certificates and trainings in Egypt, UK, India and Italy. Dr Hanna has more than a decade of experience in mental health services and its development in low- and middle-income settings. He most recently has served at the WHO office in Damascus /Syria as a Technical officer on mental health during the current crisis in the country. He previously worked at the WHO office in Libya from 2011 to 2014 as a mental health advisor providing technical support for

designing and implementing a successful scale up program for mental health and psychosocial services during the conflict and in the post conflict phase. He also served at WHO EMRO office as Technical officer on mental health and substance abuse during 2010-2011 with a focus in his work on mental health of Displaced Iraqis in the region. Dr Hanna, during his career, had visited and provided technical consultations for a wide range of programs on mental health and health of special groups with different donor agencies, Academic institutes, UN and NGOs in many countries including Egypt, Palestine, Lebanon, Sri Lanka, Iran, Tunisia, Saudi Arabia and Jordan. Before this, he also served in several strategic positions at the Mental Health Department at Ministry of health in Egypt and supported the development and implementation of the national mental health information system and the national advocacy campaign for people with mental disabilities in Egypt.

**Itzhak Levav** is currently professor of the Department of Community Mental Health, Haifa University, Haifa, Israel; Doctor Honoris Causa of the National University of Cordoba, Argentina; Honorary Professor of the University Cayetano Heredia, Peru; and member of the panel of experts on mental health, World Health Organization. He received honors from different organizations. Dr Levav was previously the Regional Advisor for Mental Health at PAHO/WHO. He has a vast experience in the Americas in the re-organization of services and mental health policy and plan development. Dr Levav has also numerous research publications in the field of psychiatric epidemiology and social psychiatry. He edited seven books on mental health issues.

**Jaya Sagade** was the Vice Principal and Associate Professor at the ILS Law College, Pune. She retired from then law college two years back. She also heads Centre for Women's studies at Indian Law Society. Her areas of interest are Gender and the law, Family Law, Human Rights and Right to health.

**Jasmine Kalha** Programme Manager & Research Fellow. Jasmine is trained in social work from a gender perspective from Tata Institute of Social Sciences, Mumbai, and has an MPhil in Sociology from the Delhi School of Economics, Delhi University. She has worked on implementing innovative research interventions at scale for mental health and human rights in low resource settings since 2014. She co-leads the scale-up and implementation of Atmiyata, a large rural community-led intervention to reduce mental health care and social care gap. She leads the

UPSIDES (peer support) project in Gujarat and is involved with the capacity building core of SPIRIT (suicide prevention). She has also co-led projects on recovery and mental health in India. Previously, Jasmine worked on health systems reform through WHO's QualityRights (QR), Gujarat. She continues to provide consultancy services to other LMICs for the implementation of QR, and provides mentorship on the programme's e-learning platform.

**Jana Offergeld** is a Social Pedagogue and an alumna of the International Diploma on Mental Health Law and Human Rights from Germany. Her research focuses on human rights, disability, mental health and social justice. Jana has recently completed her PhD on article 12 of the UN Convention on the Rights of Persons with disabilities (UN CRPD), conducting a participatory study on legal capacity and supported decision-making in collaboration with Mensch zuerst e.V. (People First Germany). Since 2021, Jana works at the German Institute for Human Rights, the national monitoring body for the UN CRPD. She is an advisory board member of the Bochum Center for Disability Studies, an editorial board member of the Journal on Disability and International Development and a freelance lecturer conducting capacity building workshops for people with disabilities and professionals in the mental health and social sector on legal capacity, inclusion and other human rights related issues.

**Kaustubh Joag** is a consultant psychiatrist, Senior Research Fellow at the Centre, and a project co-lead for Atmiyata. He has worked on Atmiyata since its inception: first, as Co-principal Investigator through its proof-of-concept stage and then as Principal Investigator for the transition-to-scale stage. He also leads the social franchise model for this project in partnership with MAVIM. Additionally, Kaustubh coordinates the Centre's International Diploma in Mental Health, Human Rights & Law.

**Maitreyi Misra** is a founding member of Project 39A, a criminal justice research and litigation centre at the National Law University Delhi. She heads Project 39A's work on mental health and criminal justice along with leading the death penalty mitigation team. Maitreyi graduated in law from Symbiosis Law School, Pune and holds a Masters in Law from New York University. She has also worked with Mr. Anand Grover (Senior Advocate, Supreme Court of India), in his capacity as the UN Special Rapporteur on the right to health.

Maitreyi is the lead author of Project 39A's report, 'Deathworthy| A Mental Health Perspective of the Death Penalty'.

**Michelle Funk** has global responsibility for the work in mental health policy, planning, service development, human rights and legislation at the World Health Organization, Geneva. Through her work over the last 15 years, she has led the development of a normative framework and key tools in these areas. Dr Funk leads the WHO QualityRights initiative which engages with a growing network of stakeholders including mental health professionals, civil society groups, and government representatives in order to promote a human based approach in mental health through policy, service development and training initiatives in countries.

**Melvyn Freeman** is a consultant on public mental health and NCDs. A clinical psychologist by training, he has been involved in public health policy and legislation as well as health advocacy for over 35 years as researcher, activist, developer and implementer. Until 2018, he was Chief Director for Non-communicable Diseases at the National Department of Health in South Africa, and from 1996 to 2002 was the Director of Mental Health and Substance Abuse. He is an expert advisor to the World Health Organization and as a consultant to them was responsible for writing numerous WHO documents on mental health policy and legislation as well as developing education materials. He has held research and consultancy positions (including with the Human Sciences Research Council and the WHO) and published extensively on matters of public health including health systems and services, mental health and HIV, youth mental health, community care and human rights. Melvyn has held positions of visiting professor at the Universities of the Witwatersrand and Stellenbosch and is currently Professor extraordinaire at Stellenbosch.

**Natalie Drew** is a Technical Officer with the Mental Health Policy and Service Development team at the World Health Organization. As part of her work, she supports countries to reform national policies, plans and laws in line with the UN Convention on the Rights of Persons with Disabilities and other international human rights standards. In addition, she oversees the WHO Quality Rights Project, which, among other things, supports countries to assess and improve quality and human rights conditions in mental health services, and builds capacity among key national stakeholders to understand and promote the rights of people with

psychosocial, cognitive and intellectual disabilities.

**Oliver Lewis** is an Executive Director of the Mental Disability Advocacy Centre ([www.mdac.info](http://www.mdac.info)), an international human rights organization headquartered in Budapest, Hungary. Oliver joined MDAC at its inception in 2002 as Legal Director and has been Executive Director since September 2006. Oliver has an LLB(Hons) in Laws from the London School of Economics and Political Science (LSE), an MA in Medical Ethics and Law from King's College, London, and a Master of Public Administration (MPA) from the Open University Business School. He is a Fellow of the Institute of Leadership and Management (FinSLM). He is a recurrent Visiting Professor at the Legal Studies Department, Central European University in Budapest where he teaches "Mental Disability Law and Advocacy" to postgraduate human rights students. Oliver is a member of the Bar of England and Wales and is an Associate Member of the human rights barristers' set Doughty Street Chambers, London. He serves on the editorial board of the European Yearbook on European Disability Law and his publications address human rights, international law and disability.

**Soumitra Pathare (Course Co-ordinator)** is the Director at the Centre for Mental Health Law & Policy, Pune and Adjunct Professor at the Centre for Disability Law and Policy, National University of Ireland, Galway (NUI, Galway). He has worked as a WHO consultant in various countries like Eritrea, Indonesia, Lesotho, Samoa, and Vanuatu, assisting them in developing mental health policy and drafting and implementing mental health legislation. He has also assisted the Ministry of Health, Government of India, in drafting new mental health legislation. He was a member of the Policy Group appointed by the Ministry of Health and Family welfare, Government of India, to draft a new national mental health policy for India. He is a member of the International Advisory Board of the International Journal of Social Psychiatry.

**Sylvester Katontoka**, a Consumer, Founder and President of Mental Health Users Network of Zambia (MHUNZA) was diagnosed with Depression in 1996. In 1998, started working for the promotion of a society free from stigma and discrimination, the full participation of Consumers in mental health, fighting poverty, and promoting and enhancing the human rights of persons with mental health problems. Since 1998, he has been involved in mental health activism and



has acquired insights in mental health issues from treatment, care and support to issues of human rights and rehabilitation. He has a University certificate in Social work from the University of Zambia and has attended and spoken at number of major conferences, including those organized by World Health Organization, World Psychiatry Association, World Federation for Mental Health, World Association for Psychosocial Rehabilitation, and the First Pan-African Network of Users and Survivors of Psychiatry Congress.

**Vaijayanti Joshi** B.A. LL.M. is the Director Academics of the ILS Law College, Pune and has teaching experience of more than twenty-five years. She has authored two books and several articles which are published in various newspapers, law books and journals. She has attended various national and international conferences in Law and has presented papers. Recipient of prestigious state level 'Asha Deep Award' by Asha Deep Nyas, Panvel, for her invaluable contribution to the field of legal education for more than two decades. Her areas of interest are Jurisprudence, Family Law, and Administrative Law.